



## From the Desk of the Jt. MD

Dear Friends,

I would like to start by remembering a person very special to the company Kuldeep Gahlaut, who passed away last quarter. It was a tragic and major loss for all of us. Fondly known as KG, he headed the HR function in the organisation and brought about major changes in the area of people development and training at Ashiana. We will always be grateful to him and remember him with affection.

One of KG's beliefs was that the workplace should be a fun place too! In his memory the team has started a club called Books and Beyond where people learn while competing in fun events.

For residents of Ashiana we have started a programme called 'Ashiana Supermoms'. The idea is to facilitate talented moms in our projects to showcase their talent, share and teach other residents and children and for all to enjoy the process. I hope that this helps our supermoms make good use of their skills, achieve their goals and also provide a great learning opportunity to other residents. The programme has been initiated in Bhiwadi and is now taking shape in Jaipur, Jodhpur and Neemrana.

It is very satisfying for all of us at Ashiana to give possession of your homes on time; to see the look of delight and joy on your faces...and fortunately we see this happening regularly at our projects in various locations. I am also excited that in our new project, Ashiana Anmol at Sohna (South of Gurgaon), the structure is ready and in Shubham at Chennai, the external plaster is almost complete and we will be delivering the units on time.

Our ICRA rating has been upgraded to 'A' which shows the strong financial health of the company – even in a tough market. We consider this an endorsement of how the company has managed its finances during these turbulent times and pledge to always do our best for all our stakeholders.

And finally, to end with another piece of good news - our CSR initiatives have won us the Bhamashah Award from the Rajasthan Government for the 5th consecutive time!

Always keep smiling!

## In This Issue...

### CSR Award

Ashiana has won the Bhamashah Award for the fifth successive year for contributions to educational infrastructure in Rajasthan.



### Supermom Grand Finale

Ashiana Town-β, Bhiwadi organised a very successful finale to Season-1 of the Supermoms initiative.



### Ashiana Town-β Updates

Construction of the temple and Gate 2 at **Ashiana Town-β, Bhiwadi** is now underway. Excavation work of STP has also started.





Col. Ashok Gongopadhyay, Consultant CSR, Ashiana, receiving the Bhamasha Award on behalf of Ashiana for the fifth time from the Government of Rajasthan

## CSR Award

Ashiana has been awarded the Bhamashah Award by the Government of Rajasthan for the fifth successive year for its contribution to educational infrastructure in Bhiwadi and Jaipur in 2016.

## ICRA Upgrades Ashiana Housing Limited's Rating

ICRA has upgraded Ashiana Housing Limited's long-term rating to [ICRA]A (Stable) (pronounced ICRA A) from [ICRA]A- (Stable) (pronounced ICRA A minus) on the Rs. 50 crore fund-based limits of the

company. The outlook on the long-term rating is Stable.

## Books & Beyond

Books & Beyond, Ashiana's book club, organised an online quiz on Ashiana in memory of the late Kuldeep Gahlaut, our former HR Head. Akhilesh Choudhry beat 45 other participants to win.

## Extempore Contest

Ashiana's first Extempore Contest was won by Swapnil Verma (Eng). Arushi Gupta was the runner-up with M. Ibrahim and Abhitej Singh coming in at joint third.

## Core Values

### Going the Extra Mile



Arun Kumar Singh, Civil Foreman, Ashiana Tarang, Bhiwadi tasked with

labour training classes organised under CREDAI, chose to conduct them outside of his working hours so as to fulfill his work responsibilities at the site as well as do a good job of teaching his students – a great example of sacrificing your own comfort to help others, and of Going the Extra Mile.

### Never Give Up



Civil Supervisor at Ashiana Tarang, Bhiwadi, Ramesh Kumar Singh was

given the responsibility of opening bank accounts for newly recruited labour. He had to persist and worked very hard to convince and help everyone get Aadhaar Cards and bank accounts opened as early as possible. Thanks to his Never Give Up efforts, all payments are now made directly to each labourer's account.

### Happiness All Around



GTE Vikash Kumar from Ashiana Surbhi, Bhiwadi is a great example of selfless

help for others. Moved by the plight of labourers unable to guide or educate their children because of poverty, Vikash Kumar has taken a personal initiative to teach these children and guide them in life, for free. He is teaching the labourers' children at his own residence. This is a great example helping society and spreading Happiness All Around.



Finishers at the 100 day Running Challenge

## Special Achiever

Ashiana's Vivek Ganjoo met a 100 Day Running Challenge by covering 1366.46 kms over seven days. He set up his own target of 1000 kms and

surpassed it easily. Vivek is in the top 50 of 4000 runners from all over India. In Delhi he is ranked 8th. He now plans to run a half marathon at Leh in September.



# Training & Development



Skill Training batches for masons under CREDAI at Ashiana Tarang, Bhiwadi; and, right, at Gulmohar Gardens, Jaipur

Training and development activities were scheduled throughout the quarter across all departments and at all levels as part of our process of constant improvement.

- **Skill Training for Supervisors** - Skill training helps supervisors reach higher levels of efficiency. Project and Site Engineers are training supervisors from various sites continually on engineering topics.
- **GST Training** - GST has meant a lot of changes in the tax model. The Accounts & Purchase teams received prior training on GST implementation processes and their effect on our day to day working.
- **RERA Session** - Real Estate Regulatory Act is now applicable. All senior team members were updated on applicability of RERA and its clauses.
- **One Minute Manager** - Around 70 members of Middle and Senior management from all locations gathered for a learning session based on the book *One Minute Manager*.
- **Sales Training** - Ashiana's Sales

teams gathered at Bhiwadi for training on the Six Principles of Persuasion, Home Work and Need Analysis.

- **ESS Refresher Session** - Refresher sessions were organised for staffers on the handling of the Employee Self Service portal to help them manage their leave, attendance and file other HR requirements online,
- **Broadening Knowledge** - As part of Ashiana's efforts to spread and share knowledge from books, the Middle management team was provided copies of *Be Our Guest* by the Disney Institute.
- **Engagement** - The Human Resources Department organised several welfare activities during the quarter. Among them :
  - Mother's Day was celebrated with unique cards for the mothers of all Ashiana staffers from each of whom a unique quote was taken earlier about their feelings for their mothers. Both recipients and senders were equally surprised and thrilled!
  - In recognition of non-sales staffers

who often contribute to the sales process, Debdas Chatterjee, **Head Office**, Basker Pandita, **Jaipur**, and Ranjeet Singh, **Chennai** were acknowledged for their going the extra mile to help Sales.

- A psychiatry camp was organised for staffers to learn how to deal with their emotions and manage work life balance.

## Skill Development

Skill training batches for masons were started at **Ashiana Tarang, Bhiwadi** and at **Gulmohar Gardens, Jaipur** in association with CREDAI. In a first, six women labourers also joined in Jaipur.

## Offsite Training

Estate Officers from **Bhiwadi** gathered in an informal setting for off-site training at **Pratapgarh, Haryana** to share ideas and build motivation. Ashiana Maintenance Services organised their annual manager training at **Mussoorie** and discussed new challenges, projects, vendor management and manpower efficiency.



Left: Offsite training for Bhiwadi Estate Officers at Pratapgarh; right: AMS's offsite Annual Manager Training session at Mussoorie



# Corporate Social Responsibility



Phoolwari children at Ashiana Town- $\beta$ , Bhiwadi presented handmade photo frames and floral bouquets to their mothers on Mother's Day and, (right) practiced yoga asanas outdoors on International Yoga Day

## PHOOLWARI

### Celebrations

Celebrations for **Mother's Day** and **Father's Day** were organised in different ways throughout Phoolwari schools. Mothers were specially invited and presented cards, photoframes and dances and songs by the children. International Yoga Day was marked at Phoolwari schools with special yoga sessions.

**World Environment Day** was celebrated at Phoolwari schools by connecting to nature. Children visited a pottery to explore the close relationship between nature and traditional crafts like making pots and vessels. They made bags with eco-friendly material and took part in a plantation drive.



Fulfilled drawing and craft activities at Phoolwari schools on Father's Day



Paper bag making at Phoolwari, at Utsav, Lavasa and Bhiwadi on Environment Day



At the pottery with Phoolwari children on World Environment Day; Phoolwari children share an important message on World Day against Child Labour



Movie Show: To promote values for Phoolwari children at Ashiana Town- $\beta$ , Bhiwadi and Gulmohar Gardens, Jaipur



Phoolwari children enjoy planting their own trees at Ashiana Tarang, Bhiwadi



# Corporate Social Responsibility



Outdoor sports activities at Ashiana Town-9, Bhiwadi included tug-of-war and sack racing



Phoolwari children enjoy football at Ashiana Shubham, Chennai; relish their self-made sandwiches at Ashiana Town-9, Bhiwadi; and display their sandwich making skills at Ashiana Tarang, Bhiwadi; Phoolwari children involved in tree plantation across projects at Bhiwadi



Supermom Navneeta Sharma of Ashiana Greens organised self-defence class for Phoolwari children at Ashiana Town-9, Bhiwadi

## Welcoming Summer

Phoolwari children from **Bhiwadi** and **Chennai** welcomed summer by recreating a seasonal theme in classrooms and switching to outdoor sports activities.

## Sandwich Making

Phoolwari kids enjoyed making – and eating! – sandwiches with a host of ingredients from bread, to carrots, to cucumbers at **Ashiana Tarang, Bhiwadi**. It was a fun activity that laid the foundation of healthy living at a very young age.

## Environment Day

Environment Day was celebrated with tree plantations organised in Phoolwari schools at **Bhiwadi**. The children were taught the importance of trees in the environment and many students volunteered to plant trees and also to take care of them.

## Medical Camp

A medical health camp was arranged for all workers and their children at **Rangoli Gardens, Jaipur** with routine



Workers and their children at medical health camp, Rangoli Gardens, Jaipur

checks to assess overall health under the supervision of the Saket hospital team. More than a hundred staffers attended the interactive session on cleanliness and hygiene.

# Welcome to Ashiana



Bhawna Gupta  
Manager (Customer Services), H.O



Ajay Kumar Pradhan, Plumber, AMS Bhiwadi



Akshay Panchal, Executive (Sales), Bhiwadi



Ankita, Executive (Sales), Bhiwadi



Arvind Kumar Bhukar, Electrician, AMS Bhiwadi



Chandra Bhanu Chandan, Club Incharge, AMS Bhiwadi



Karam Singh Yadav, Electrician, AMS Bhiwadi



Mahender Singh, Executive (Customer Services), AMS Bhiwadi



Manoj, Assistant Manager (Estate), AMS Bhiwadi



Nayantara Das, Executive (Sales), Bhiwadi



Raju Kumar, Officer (Estate), AMS Bhiwadi



Rameshwar, Supervisor (Security), AMS Bhiwadi



Ritu Kumari, Executive (Front Office), Bhiwadi



Tanuja Awasthi, Executive (Sales), Bhiwadi



Uttam Pareek, Executive (Sales), AHL Bhiwadi



Vinod Kumar Rai, Horticulturist, AMS Bhiwadi



Anshu Vishwakarma, Plumber, AMS Jaipur



Atul Pratap Singh, Sales Advisor, Jaipur



Basant Kumar Sharma, Assistant Manager (Estate), AMS Jaipur



Kamal Sharma, Executive (Customer Service Legal), Jaipur



Loman Kumar, Mason, AMS Jaipur



Nitesh Kumar Singh, Executive (Sales), Jaipur



Rahul, Electrician, AMS Jaipur



Ram Prasad, Electrician, AMS Jaipur



Raman Gupta, Officer (Estate), AMS Jaipur



Rupesh Kumar, Plumber, AMS Jaipur



Tejpal Yadav, Electrician, AMS Jaipur



Virender Singh, Officer (Accounts), AMS Jaipur



Himanshu Sarbaya, Executive (Sales), Jodhpur



Sanjay Sharma, Executive (Sales), Jodhpur



Anisha Tanwar, Executive (Sales), Pune



Somdeb Choudhary, Executive (Sales), Pune



Venisha Yogesh Rajwadi, Nurse Cum Activity Executive, AMS Pune

# Comfort Homes: Your Dream Home Coming Up



A seminar on the Goods & Services Tax at the Club House, Halol was followed by ramp walk and cookery competitions

## Promotional Events

The Sales team at **Halol** organised a seminar on the Goods & Services Tax at the Club House with over 150 accounting professionals taking part. They also put up cookery as well as a ramp walk competitions in which ladies and children enjoyed taking part making for a lively, memorable evening.



From left: Guests welcomed with dhols at Vrinda Gardens, Jaipur; the audience

## Celebrating Bookings

**Vrinda Gardens, Jaipur** celebrated a landmark milestone with 400 bookings across Phase 1, 2 and 3A. It was the first major event held here after occupancy began. All customers were invited with their families to celebrate the event at a Summer Fiesta. The theme was Punjab and the evening was thoroughly enjoyed by the guests who enjoyed the exuberant beats of the dhol as cycle rickshaws ferried

them to the event area. There was a lassi corner, cots for sitting, Punjabi dancers and singers to entertain, and Punjabi cuisine. Nearly 1000 guests enjoyed the fun event and the dinner which followed.



Dr. Nivedita's group performs Ghoomar at Supermom Finale, Ashiana Town-β, Bhiwadi

## Supermom Grand Finale

**Ashiana Town-β, Bhiwadi** organised a very successful finale to Season-1 of the Supermoms initiative on the eve of Mother's Day. A large houseful crowd

## Construction Updates



Land levelling for new development at Ashiana Navrang, Halol

At **Ashiana Navrang, Halol**, all 240 units in Phase 1 and 2 are now ready and the land area for the start of a future development is levelled and ready. The sales office has been shifted to the Club House.

In **Gurugram**, the **Ashiana Anmol** Phase 1 site at **Sohna** has now got its



Electricity connection and structural work of Block B1 in Gurgaon

own temporary 200 KVA connection to enable smoother progress at reduced costs. A high tension overhead line of 66 KVA has been shifted to an underground cable trench. The structural work of Block B1 has also been completed.



Construction work of Temple and Gate No. 2 at Ashiana Town-β, Bhiwadi

Bhoomi puja of the temple being built at in **Ashiana Town-β, Bhiwadi** has been held. Construction of Gate 2 has started. Residents of Phase-2 and Phase-3 will now be able to enter from any gate. Excavation work of STP has also started and is in its initial stages.



# Comfort Homes: Your Dream Home Coming Up



Ashiana's Supermom winners; audiences enjoy the supermom performances at Bhiwadi



Ladies playing Tambola and musical chairs at Ashiana Town-β, Bhiwadi



of residents attended and enjoyed the event: with true superheroes – moms – dancing, singing, role playing and sharing experiences, training others and doing what they really like. It was celebrations galore as the super efforts of our supermoms were recognised and felicitated. Kudos to Mrs. Kusum Dayal, Mrs. Babita and Mrs. Kamakshi Mehta for emerging winners. Season-2 has been launched and has got an even bigger response with over 400 Ashiana Supermoms registering.

## Kitty Party

A kitty party at **Ashiana Town-β, Bhiwadi** drew even outside participants who were introduced to the Ashiana lifestyle and enjoyed the evening interacting with

existing customers who shared their experiences. Later, guests visited the sample flat and club house.

## Electrical Sub-Station

An electrical sub-station has been set-up in **Ashiana Town-β, Bhiwadi** to provide a permanent JVVNL electrical supply to customers. The generator will now work as a backup when needed.

## Road Work

**Ashiana Tarang, Bhiwadi** was tasked with the repair of the badly pitted, uneven and full of potholes Dwarikadish Road. The Tarang team worked day and night, through rain and slush, within moving traffic. But they did the job and have ensured that traffic movement is smooth



Electrical sub-station in Ashiana Town-β, Bhiwadi and road work at Ashiana Tarang, Bhiwadi



## Hand Overs



Mrs Akansha Bhargava, Mr Yatin Gupta with Ashiana's Hand Over team

Over 200 Flats across Phases I and II in Vrinda Gardens, Jaipur have been handed over.



Handing over by Ms. Rajani Kumari CRE, Ashiana Town-β, Bhiwadi

More than 500 flats have been handed over to customers in **Ashiana Town-β, Bhiwadi**. That's a score of over 80 percent. Quality control checklists of all sold flats in Ashiana Town-β have been released. The quality of construction of the flats and their Wow factor has received high ratings from Ashiana Town-β customer feedback.



Bhoomi puja of Bal Bharti School. Ashiana Town, Bhiwadi

to reduce accidents. They also earned high praise for inspiring tremendous efforts from local people..

## School Construction

Bhoomi puja of Bal Bharti School at **Ashiana Town, Bhiwadi** was organised



## Comfort Homes: Your Dream Home Coming Up



Foundation work of Bal Bharti Public School at Ashiana Town, Bhiwadi



Educating tenants at the CLSS Education Session at Ashiana Town-β, Bhiwadi



Customers listen to the CLSS presentation at Ashiana Town-β, Bhiwadi

with the help of Ashiana Town staffers. The puja marked the commencement of an ambitious project to ensure that customers residing in Ashiana Town have no worries about their children's education. Honourable guest at the puja was Mr. P.K. Jaiswal (VP Projects, Bhiwadi).

### CLSS Education

At **Ashiana Town-β, Bhiwadi**, PMAY CLSS Education Sessions are taken very seriously. The entire team has been explaining this government scheme to customers and resident tenants in great detail – the categories and the criteria, so that they can make their decisions in an

informed way. Ashiana Town-β also hosted a CLSS Education Session for Honda. It was an informative and educational session addressed by Mr. Ankur Gupta, JMD, Ashiana Housing Ltd. There were lots of interactions and several queries, all very well answered by Mr. Manish Kumar [DGM-Sales, Bhiwadi].

### Club House Inauguration



Club House inauguration at Ashiana Dwarka, Jodhpur

Customers were delighted by the inauguration of their new Club House at **Ashiana Dwarka, Jaipur** and were thrilled to see the swimming pool, gymnasium and facilities.

They appreciated the ambience and amenities both in terms of quality as well as look and feel.

Adults were thrilled to view the recent India-Pak match via a big screen projector

while the children enjoyed their cartoons.

Everyone loved the food and light music and spent a fun filled evening singing and dancing.



# Comfort Homes: The Ashiana Lifestyle



Swimming competition at Ashiana Surbhi, Bhiwadi and Ashiana Manglam, Jaipur; marathon at Ashiana Town-β, Bhiwadi; a Sit and Draw competition was specially organised at Ashiana Aangan, Bhiwadi

## Swimming

The first Inter Ashiana Swimming Competition held at **Ashiana Surbhi, Bhiwadi** was a success with over 200 residents attending and enjoying the thrill of competition. A swimming meet was also organised at **Ashiana Manglam, Jaipur**. With events for all age groups, participants and residents cooled off in the water as they won prizes for the first three positions in each group.

## Marathon

The next Inter Ashiana Marathon has been scheduled in **Ashiana Town-β, Bhiwadi**. So far 150 residents have already registered.

## Sit & Draw

A Sit & Draw Competition was specially organised at **Ashiana Aangan, Bhiwadi** for all contractual staffers and their families including security, housekeeping and horticulture. RWA members were invited to give away the prizes.

## Open House

Updates were shared on issues raised earlier at the Open House event at **Ashiana Town-β, Bhiwadi**. There were clear presentations and an email group has been created to share the information with those who couldn't attend. An open



Open Forum Meeting with residents at Ashiana Anantara, Jamshedpur



Town Hall Meeting at Anantara, Jamshedpur forum to understand residents' issues on maintenance and communication was also organised at **Ashiana Anantara, Jamshedpur** with residents interacting with Estate Officers.

## Town Hall Meeting

Ashiana conducted its biggest ever Town Hall meeting at **Ashiana Town-β, Bhiwadi** – there was an attendance of nearly 150 people. There were discussions on our Core Values and maintenance. HDFC Bank has been approached to help with house purchases. At **Ashiana Anantara, Jamshedpur** residents met contract staffers to share views for improvement at their Town Hall meeting.

## CLSS Video

A video with Mr Ankur Gupta, Joint Managing Director presenting the CLSS scheme is now being played at all club reception areas to create more awareness among resident tenants about the Prime Minister's new housing scheme.

## Yoga International Day

Yoga International Day on June 21 saw yoga celebrations and sessions across Ashiana. At **Rangoli Gardens, Jaipur**, professional yoga trainer Mr. Lohiya conducted the session and more than 120 residents attended. At **Gulmohar Gardens, Jaipur**, sessions were held at a



Yoga International Day at Rangoli Gardens, Jaipur; Gulmohar Garden, Jaipur; Ashiana Anantara, Jamshedpur

yoga camp organised for residents in the lush green parks of the project. **Ashiana Anantara, Jamshedpur** marked the day with yoga sessions and an enlightening lecture by a yoga trainer from Patanjali Yog Peeth.

## World Music Day

Ashiana organised a musical session at **Rangoli Gardens, Jaipur** with the RWA and Music Lover's Club on the occasion of World Music Day. More than 400 residents enjoyed the music.



Musical session at Rangoli Gardens, Jaipur



# Comfort Homes: The Ashiana Lifestyle



Fire Drill training at Rangoli Gardens, Jaipur

## Fire Drill Training

A fire drill was organised by Ashiana at **Rangoli Gardens, Jaipur** to enable staffers to practice and update their alertness and ability to handle any fire emergency and ensure safety for all. Residents were appreciative observers.

## Rain Dance

Residents of **Ashiana Anantara, Jamshedpur** have got their beautiful new Club House and Swimming Pool. It was inaugurated by Mr. Manoranjan Kumar, Senior Editor, *Hindustan*. A rain dance was organised in the open lawns to celebrate. A separate rain dance was also organised at **Ashiana Town-β, Bhiwadi** for children and parents.



A lively rain dance was organised at Ashiana Town-β, Bhiwadi



At the iftar party organised by residents of Ashiana Brahmananda, Jamshedpur

## Iftar Party

An Iftar party on the occasion of Ramzan was organised by residents of **Ashiana Brahmananda, Jamshedpur** and all residents irrespective of their religions assembled on the occasion.

## Upgradation

**Ashiana Gardens, Jamshedpur** is now a 25 year old project and all buildings did not have lift facilities. Ashiana has now undertaken lift installations in all ground plus four floor buildings. Two lifts have already been commissioned in Magnolia building, and work has started at Acacia and Nargis buildings.



New Lifts: Puja at Acacia; work at Nargis

## Club House at Anantara



Swimming pool at Anantara, Jamshedpur



Kids area at Anantara Club, Jamshedpur

Handing over of Aries is in full swing at **Ashiana Anantara, Jamshedpur**. More people are moving in adding to the 165 families already there.



Exterior repairs and repainting at Ashiana Woodlands, Jamshedpur



Mr. Manoranjan Kumar, Sr Editor, *Hindustan*, inaugurating Ashiana Anantara's Club



Mr. Manoranjan Kumar and Mr. Shailendra Singh DGM Estates open the swimming pool



Ladies of Ashiana Anantara, Jamshedpur enjoying the rain dance



The ladies were awarded for the most entertaining performance at the rain dance

## Ashiana Navrang Status

More than 65 families are now residing and enjoying the Ashiana lifestyle in Phase 1 and 2 at **Ashiana Navrang, Halol**.

## Repairs and Painting

To retain both beauty and building health, exterior repair and painting work has started at **Ashiana Woodlands, Jamshedpur**.



Ashiana Woodlands executive flats after repainting of exteriors



# Senior Living: Your Dream Home Coming Up

## Special Facilities

**Ashiana Nirmay (Phase 1), Bhiwadi** is a senior living project, so special care has been taken to fulfill all the requirements of senior citizens. In Phase 1, units have been provided with modular kitchens, and wardrobes in all bedrooms. Some additional electrical items such as Emergency Response System, Geyser in Kitchen and Toilet, Chimney, Ceiling Fans,



Tubelights, Exhaust Fans and Night Assist Lights are being provided to customers.

## Construction Updates

At **Ashiana Nirmay (Phase 1), Bhiwadi**, concrete casting work of the Electrical sub-station (ESS) is completed.

Once all the work is completed, customers will have a permanent JVVNL electrical supply.



*Open area development at Ashiana Shubham, Chennai*

# Senior Living: The Ashiana Lifestyle

## World Environment Day

On June 5, along with all other projects, **Ashiana Utsav, Bhiwadi** celebrated World Environment Day. Resident Mr Ram Prakash gave a demo to teach composting of our kitchen waste material.

## Art & Craft

Art & Craft is a therapeutic activity for people of all age groups. Paper weaving notebooks were made in the regularly held craft class at **Ashiana Utsav, Bhiwadi** for residents. There was childlike enthusiasm amongst the participants and each one made a beautiful notebook.

## World Music Day

**Ashiana Utsav, Bhiwadi** combined World Music Day celebrations with their



*Utsav, Bhiwadi residents choose their favourite ice cream flavours*

## Ice Cream Party

The Ice Cream party at **Ashiana Utsav, Bhiwadi** drew residents to the ice cream vendor as they enjoyed themselves with friends.



*Utsav, Bhiwadi resident giving demonstration of composting waste at home*

month end party. Residents enjoyed the musical evening and songs by our residents. At **Ashiana Utsav, Jaipur**, the day saw a display of talent by residents Mr Sudhir Sharma, Mr S.K. Kandewal, Mrs Sharda Sharma, Mrs Patak and Mr Franklin who played a variety instruments. The celebrations concluded with refreshments from the Utsav Café.



*Utsav, Bhiwadi residents distributing langar on the occasion of Nirjala Ekadashi*



*Residents with their handmade note books at Ashiana Utsav, Bhiwadi*



*Utsav, Bhiwadi residents enjoying bhajan kirtan during Hanuman Jayanti.*

## Langar & Shabeel

Residents of **Ashiana Utsav, Bhiwadi** organised a langar and shabeel twice over. First on Guru Arjun Devji's Shahidi Diwas, and then on Nirjala Ekadashi. Both occasions saw wholehearted participation by residents making it truly a community programme.

## Hanuman Jayanti

Hanuman Jayanti was celebrated at the Temple in **Ashiana Utsav, Bhiwadi**. Pooja was followed by abhisekh, bhajan, and prasad distribution.

# Senior Living: The Ashiana Lifestyle



Ashiana Utsav, Lavasa residents celebrate at their Month End party; meditation on Yoga Day at Ashiana Utsav, Lavasa



## International Yoga Day

At Ashiana Utsav, Bhiwadi, celebrations for International Yoga Day started at 6:00 am. Mrs Parminder Marwah welcomed residents and spoke on yoga. Col Babu Lal Sharma, Mr Malhotra and Mrs Santosh Arora demonstrated different yoga asanas and pranayama. Utsavites from Jaipur started with a fresh air yoga session in the park followed by tea from Utsav Café. At Ashiana Utsav, Lavasa, International Yoga Day was celebrated by residents with the Heartfulness team through meditation.

## Sunderkand Path

Ashiana Utsav residents in Jaipur organised Sunderkand Path at the Utsav temple. Path was followed by Vandana, Bhajan and Prasad distribution.

## Bhajan Sandhya

Every Tuesday, Utsav Jaipur residents celebrate Bhajan Sandhya in the evening. puja is followed by vandana, bhajan and prasad distribution.

## Ram Navami

At Ashiana Utsav, Jaipur, the Navrati festival began with Durga Puja and bhajans at the Utsav Temple. The festivities continued till Navami with bhajans, garba and distribution of prasad every day to all Utsavities who participated. Bhangra was organised by Utsav residents on the occasion of Ram Navami.

## Baisakhi

Ashiana Utsav, Jaipur residents never miss a chance to entertain themselves with dance and songs. This time fun filled the Baisakhi celebrations. Residents dressed up in Punjabi dresses and danced to Punjabi songs. Dinner was at the Utsav Café.

## Ladies Get Together

Ashiana Utsav, Jaipur ladies planned a get together drawing more than 50 participants into showing their talents. Refreshments were organised by Utsav Café.

## Cookery Show

The Cookery Show is a much demanded activity in Ashiana Utsav, Jaipur. Our café cook Mr Rocky Sarkar demonstrated Bread Pizza Pocket. A large number of residents enjoyed the demonstration and the taste and are looking forward to the next show.

## Finance Camps

A Financial Planning camp was organised at Ashiana Utsav, Jaipur by Maloo Finance Consultants for residents to manage their money. A complimentary lunch was also hosted by the organisers. A SBI mutual fund consultant made his presentations at a separate camp. Utsavites at Jaipur now have the benefit of financial advice from two or three consultants.

## Tambola

Tambola is among the most popular activities at Ashiana Utsav, Jaipur. Here the tambola sessions are organised twice a week and are extremely well attended by Utsavities. Males show as much enthusiastic interest as females.



Singer Isha Narkhade at Utsav, Lavasa

## Word Puzzles



Residents of Ashiana Utsav, Lavasa take active part in puzzle solving

## Waterfront Boating



Lavasa residents enjoy boat riding

## Bridge



Introduction to Bridge by Mr Joglekar for residents of Ashiana Utsav, Lavasa

## Carrom Competition



Carrom competition at Ashiana Utsav, Lavasa

## Table Tennis Tournament



Table tennis contest between Ashiana Utsav, Lavasa residents and the Bombay Gymkhana team

## Singing Session

Singer Isha Narkhade put on a performance for Ashiana residents at Ashiana Utsav, Lavasa who happily welcomed her and joined in the singing.



# Senior Living: The Ashiana Lifestyle



Speech and zumba at Utsav, Lavasa

## Cricket Match

All **Ashiana Utsav, Jaipur** residents gathered in the Activity Hall to enjoy the recent India- Pakistan cricket match in the Champions Trophy on a large screen. Residents were served tea and snacks during the match.

## Speech and Zumba Dance

Prospective customers organised a speech on Living A Happy Life at **Ashiana Utsav, Lavasa**, and a showing of Zumba which enabled residents to actively participate.

## Physician's Visit

Dr Prasad Honap, physician from VIMHAN's visited Ashiana and gave a talk on health at Lavasa. Residents look forward to his visit on every Tuesday.

## Monthly Get Together

The Monthly Get Together at **Ashiana Utsav, Jaipur** was held in the Activity Hall. New residents were welcomed and birthdays and anniversaries were celebrated. At **Ashiana Utsav, Lavasa**, residents celebrated their Month End party with the Bombay Gymkhana Team.



Month End Party at Ashiana Utsav, Lavasa



Ayurvedic presentation by Apollo at Ashiana Utsav, Lavasa



Yoga Class at Ashiana Utsav, Lavasa

## Yoga Class

Classes are conducted by Mr Prabhakar Narkhade, Yoga Teacher, every Tuesday and Thursday at **Ashiana Utsav, Lavasa**.

## Ayurvedic Presentation

An Ayurvedic team from Apollo hospital made a presentation at Ashiana Utsav,



Art Of Tracing at Ashiana Utsav, Lavasa



**Father's and Mother's Day:** The India-Pak match followed by cakes and snacks were part of the celebrations for Father's and Mother's Day at Lavasa



**Sudoku & Word Puzzle:** There was a mixed mocktail of puzzles for residents at Ashiana Utsav, Lavasa

Lavasa followed by resident interactions and distribution of brochures on the subject.

## Art Of Tracing

Art pieces from which to trace a portrait were given to residents of **Ashiana Utsav, Lavasa** who happily did fine tracings.

## WELLNESS PROGRAMMES

### Excercising Brain & Body

Physiotherapy exercises were conducted by the VIMHANS team as part of the regular activities at **Ashiana Utsav, Bhiwadi**. Nearly 20 residents attended the session. A team from VIMHANS also organised a Brain Gym with residents enjoying themselves solving puzzles.

### Talk & Hear

The **Ashiana Utsav, Bhiwadi** Diet Talk this time was by Dr. Dimple Mathur from Star Hospital, Bhiwadi. She discussed Nutrition Needs in Old Age. The hospital also organised an Eye & Ear checkup camp for residents.



# Senior Living: Care Homes

## BHIWADI

### Outings

Care Homes' regular outdoor visits are a welcome break and included a showing of the popular movie Bahubali 2 much to the enjoyment of residents. Lunch, dialogues and opinions were shared animatedly. Residents love exploring new places, and an enjoyable visit to Baba Mohanram Temple was also arranged.

### Arts & Crafts

Social worker Ms. Rosina organises various paper related crafts and clay activities at Care Homes. Residents take enthusiastic and active part in such sessions. This quarter they included meditative therapy and eye hand coordination games – all great fun for the elderly and much loved by them.



*Crafts and clay activities at Care Homes, Bhiwadi*



*Lunch during Bhiwadi's Care Homes' regular outdoor visits*



*Utsav Care Homes, Bhiwadi welcomes Mrs Anima Sinha*

### Art of Living

Art of Living Bhajan Sandhya sessions are organised regularly at Care Homes, Bhiwadi by Mr.B.D.Bhargava. A resident of Ashiana Utsav, he visits Care Homes every Saturday. Another resident Mr. Rakesh Suri joins in with his dance interpretations of bhajans and devotional songs.

## JAIPUR

### Welcome

Mr. Tapan Kumar from Faridabad was warmly greeted and welcomed as the newest member of the Care Homes family, Bhiwadi. Accompanying relatives were all praise for the quality of services, equipment and maintenance.

### World Health Day

Care Homes and Ashiana Utsav residents of Jaipur attended a function to mark World Health Day with Mrs Indu Bajaj sharing the importance of this day with the gathering over songs and snacks.



**Birthday Celebrations:** Care Homes Bhiwadi celebrated Mr.PL.Kak and Mrs. Anjali Sethi's birthdays



*Art of Living's Bhajan Sandhya at Care Homes, Bhiwadi conducted by Mr. B.D. Bhargava*



## Senior Living: Care Homes



Jaipur Care Homes residents celebrate World Health Day; Utsavites consult Dr Sahil from Biyani Medical



### Dental Checks

The Biyani Hospital team organised a free Dental checkup for residents with a focus on how to manage dental problems after 55. Dr Sahil gave important tips on how to keep dentures clean.

### First-Aid Training

The Utsav team has received training and been certified for Cardio Pulmonary Resuscitation (CPR), Using Automated External Defibrillator (AED) and Basic First Aid by Vivo Healthcare Pvt. Ltd.

### Care Givers

Care Homes, Jaipur acknowledged and gave thanks to those individuals who have made their career as a Care Giver.

### Welcome

Care Homes, Jaipur welcomed Mr and Mrs Bhargav who are 88 and 84 years respectively, as residents for permanent stay.

Accompanying family members were greatly impressed by the facility and they chose double occupancy.



Mr and Mrs Bhargav move into Care Homes Jaipur; Health Camp at Narayana Hospital



Care Giver certification as a token of appreciation for their wonderful work at Jaipur



**Birthday Celebration:** Care Homes, Jaipur celebrated resident Mrs. Indu Sharma's birthday



Staff training at Care Homes, Jaipur

### Health Camp

Narayana Multispecialty Hospital organised a health camp at the Activity Centre of Ashiana Utsav. Renowned urologist Dr. Madhusudhan Patodia and dietician Miss Pandeshwari were present for consultations.

### Farewells

Care Homes organised a farewell to Mr and Mrs Indu Bajaj who are among our most amazing volunteers.



Farewell to Mrs Indu Bajaj

## Aap Ki Kalam Se

### मम्मी

सबसे प्यारी होती मम्मी हमें सुलाकर सोती मम्मी  
हम खुश हों तो खुश हो जाती मम्मी हम रो दें तो रोती मम्मी  
हर आफत से हमें बचाती मम्मी कभी न धीरज खोती मम्मी  
हम बच्चों के मन की कालिख अक्सर ही है धोती मम्मी  
सबरे घर का बोझ चैन से अपने सर पर धोती मम्मी  
हम सबके नन्हें से दिल में बीज प्यार के बोती मम्मी  
बोली में मिठास, लक्ष्य में दृढ़ता का पाठ पढ़ाती मम्मी  
बड़ों का आदर, छोटों से प्रेम, दोस्तों से निश्चल दोस्ती सिखाती मम्मी  
हम जब स्कूल से घर लौटते तब प्यार से हमें खाना खिलाती मम्मी  
हमें गोद में दुलार करके सपने मधुर सजोती मम्मी  
दुनिया में भगवान का वेशकीमती उपहार है ये जिसे बच्चे कहते हैं मम्मी

आशियाना उत्सव भिवाड़ी

आशियाना उत्सव भिवाड़ी

## It pays to be inQUIZitive!

Send the right answers to these questions and win prizes! The answers to the questions are right here in this newsletter.

This is how you send the answer:  
If you think the answers are:

Question 1. (a)

Question 2. (b)

Question 3. (c)

Question 4. (a)

then SMS - AHL<space>

1a 2b 3c 4d and send to 56677

**Two winners will be chosen from the all-correct entries by a lucky draw.**

### Questions

**1. How many times has Ashiana won the Bhamashah award ?**

a. Once b. Thrice c. Five times

**2. Registrations for Ashiana's Supermom Season 2 have crossed:**

a. 400 b. 500 c. 300

**3. Who is Isha Narkhade ?**

a. Dancer b. Singer c. Cook

**4. At what rank is Ashiana marathoner Vivek Ganjoo in Delhi state?**

a. Three b. Eight c. One

**Answers to the last quiz (issue 57):**

1-c, 2-c, 3-b, 4-a



Our projects Vrinda Gardens, Umang, Gulmohar Gardens, Tarang, Surbhi, Nirmay and Anmol are now RERA registered. For registration detail visit our website [ashianahousing.com](http://www.ashianahousing.com) or refer <http://www.rera-rajasthan.in>

Please send contributions for Aap ki kalam se, with your full name, address and photograph. Published pieces will get a gift from our Jt. MD, Ankur Gupta. Contributions may be in English or Hindi, not more than 175 words and it should be something positive! Negative thoughts go against the Ashiana Philosophy.

**Write in to: Editor, Apna Ashiana**  
[ashiana.edit@gmail.com](mailto:ashiana.edit@gmail.com)

**Ashiana Housing Limited**

**304, Southern Park, Saket District Centre, Saket, New Delhi - 110 017**

**For Sales Contact:**

**Delhi Ashish 99900 73176 Bhiwadi Neeraj 88756 78811**

**Jaipur Pranshu 90019 99108 Jodhpur Anup 99290 33888**

**Pune Mahendra 95030 28080 Jamshedpur Sandeep 90310 13376**

**Halol Ashish 80007 07602 Sohna (Gurugram) Harvinder 96508 39666**

**Chennai Uday 9884488113 Kolkata Shantashil 9831179988**

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